

**BREAKFAST****FEBRUARY 2026**

New Discoveries Montessori Academy

Menu subject to change upon availability
Grain item-cereal, granola bar, muffin, donut, variety or crackers, cereal bar, pastry item, pancakes, waffles

Monday**Tuesday****Wednesday****Thursday****Friday**

Grain Item/Protein Item 2
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 3
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 4
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 5
Fruit/Fruit Juice
Milk

NO SCHOOL 6

Grain Item/Protein Item 7
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 8
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 9
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 10
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 11
Fruit/Fruit Juice
Milk

NO SCHOOL 12

Grain Item/Protein Item 13
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 14
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 15
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 16
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 17
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 18
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 19
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 20
Fruit/Fruit Juice
Milk

Grain Item/Protein Item 21
Fruit/Fruit Juice
Milk





LUNCH

FEBRUARY 2026

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Menu subject to change upon availability. WG=whole grain.
Alternate menu: sub sandwich(E1-E3), chef salad (E3 only)

Monday

Macaroni and Cheese 2
Bread/WG
Peas/Lettuce
Fruit
Milk

Tuesday

Taco/Soft Shell/WG 3
Refried beans/Lettuce
Chips
Fruit
Milk

Wednesday

Willow Choice of Lunch 4
Ramen Noodles
Beef or Chicken
Vegetable
Fruit
Ice Cream Sandwich

Thursday

Hot dog/WG Bun 5
Choice of Potatoes
Veggie/Dip
Fruit
Milk

Friday

NO SCHOOL 6

Pizza/WG 9
Lettuce
Veggie/Dip
Fruit
Milk

Spaghetti/Meat Sauce 10
Breadstick/WG
Green beans
Fruit
Milk

Chicken and Cheese 11
Wrap/WG
Broccoli Salad
Veggie/Dip
Fruit
Milk

Mashed Potatoes 12
Meat gravy
Bread/WG
Corn
Fruit
Milk

Chef Choice of Soup 13
Grilled Cheese/WG
Veggie/Dip
Fruit
Milk

NO SCHOOL 16

Breakfast for lunch 17
Veggie/Dip
Parfait
Milk

Chicken Pasta Alfredo 18
Breadstick/WG
Mixed veggie/Lettuce
Fruit
Milk

Cheeseburger/WG B 19
Smiles
Baked beans
Fruit
Milk

Orange Chicken 20
Rice/WG
Eggroll
Edamame
Fruit
Milk

Italian Dunkers/WG 23
Meat Sauce
Green beans/Lettuce
Fruit
Milk

Taco/Soft Shell/WG 24
Refried beans/Lettuce
Chips
Fruit
Milk

Chicken Nuggets/WG 25
Mashed Potatoes
Veggie/Dip
Fruit
Milk

Pizza/WG 26
Lettuce
Veggie/Dip
Fruit
Milk

Chef Choice of Soup 27
Grilled Cheese/WG
Veggie/Dip
Fruit
Milk



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