

OCTOBER 2024

Menu subject to change upon availability Grain item-cereal, granola bar, muffin, do nut, variety or crackers, cereal bar, pastry item, pancakes, waffles

New Discoveries Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk
Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein It <mark>em</mark> Fruit/Fruit Juice Milk
Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	NO SCHOOL [6	NO SCHOOL 17	NO SCHOOL 18
Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk	Grain Item/Protein Item Fruit/Fruit Juice Milk
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Menu subject to change upon availability. WG=whole grain. Alternate menu: sub sandwich(E1-E3), chef salad (E3 only)

New Discoveries Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
	Taco/Soft Shell Lettuce/Refried beans Chips Fruit Milk	Chicken Teriyaki Rice/WG Green beans Eggroll Fruit Milk	Breakfast For Lunch 3 Parfait Veggie/Dip Milk	Bag lunch early out Sandwich/WG Chips Veggie Fruit Milk
Chicken Pot Pie Biscuit/WG Coleslaw Fruit Milk	Italian Dunkers/WG ? Meat Sauce Peas/Lettuce Fruit Milk	Mashed Potatoes Meat Gravy Bread/WG Carrots Fruit Milk	Pizza/WG Apple Crunch day Lettuce/Veggie Fruit Milk	Chef Choice of So <mark>up) Grilled Cheese Veggie/Dip Fruit Milk</mark>
BBQ Pulled Pork/WG Bun Smiles Baked beans Fruit Milk	Hamburger Rice Hotdi <mark>sh 5</mark> Vegetable Lettuce Fruit Milk	NO SCHOOL 16	NO SCHOOL 17	NO SCHOOL 18
Cheeseburger/WG Bundles Sweet Potato Fries Veggie/Dip Fruit Milk	Pizza/WG Broccoli Salad Veggie/Dip Fruit Milk	APPLE class choice of lunch Sushi(chef choice) Veggie/Dip Fruit Milk	Mashed Potatoes/Grav <mark>v24</mark> Chicken Nuggets Green beans Fruit Milk	Chef Choice of Soup Grilled Cheese Veggie/Dip Fruit Milk
Mac and Cheese Bread/WG Carrots/Lettuce Fruit Milk	Taco/Soft Shell Refried beans/Lettuce Spanish Rice Fruit Milk	Breakfast for Lunch Parfait Veggie/Dip Milk	Happy Halloween Menumies Worms in the Dirt Choice of Potato Fruit Milk	

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