

With testing stakes high, students must come prepared to do their best. Three kinds of parental involvement at home are consistently associated with higher student achievement:

- Actively organizing and monitoring a child's time
- Helping with homework
- Discussing school matters

Parent Test-Support Strategies:

- Provide a quiet, comfortable place for studying at home.
- Mark test dates on your home calendar and schedule appointments on non-testing days.
- Make sure that your child is well rested on school days, and especially the day of a test.
- Give your child a well-rounded diet. A healthy body leads to a healthy, active mind.
- Communicate with your child's teacher as often as needed to discuss his or her progress.

Student Test-Taking Strategies:

- Maintain good study habits and complete your class work.
- Seek available test preparation materials.
- Get a good night's rest and eat a healthy breakfast before testing.
- If permitted, bring water and a healthy snack to eat during a test break.
- Read and pay careful attention to all directions.
- Read and respond to items one at a time rather than thinking about the whole test.
- Use strategies, such as reasoning and eliminating wrong answers, when answering questions.

Keep a good attitude. Think positively!