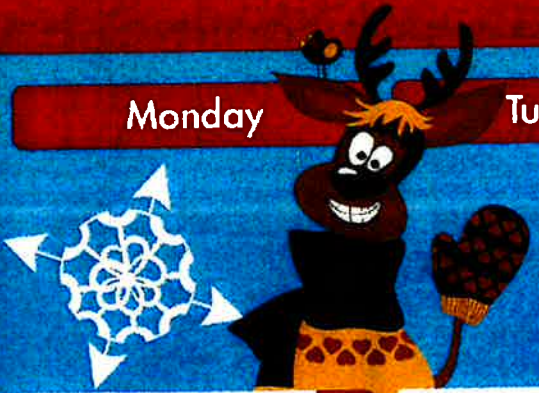


BREAKFAST

DECEMBER 2023

New Discoveries Montessori Academy

Menu subject to change upon availability.
Grain item: cereal, granola bar, muffin, etc.
not variety of crackers, cereal bar, pastry,
item: pancakes, waffles



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

				1 Grain Item/Protein Item Fruit/Fruit Juice Milk
4 Grain Item/Protein Item Fruit/Fruit Juice Milk	5 Grain Item/Protein Item Fruit/Fruit Juice Milk	6 Grain Item/Protein Item Fruit/Fruit Juice Milk	7 Grain Item/Protein Item Fruit/Fruit Juice Milk	8 Grain Item/Protein Item Fruit/Fruit Juice Milk
11 Grain Item/Protein Item Fruit/Fruit Juice Milk	12 Grain Item/Protein Item Fruit/Fruit Juice Milk	13 Grain Item/Protein Item Fruit/Fruit Juice Milk	14 Grain Item/Protein Item Fruit/Fruit Juice Milk	15 Grain Item/Protein Item Fruit/Fruit Juice Milk
18 Grain Item/Protein Item Fruit/Fruit Juice Milk	19 Grain Item/Protein Item Fruit/Fruit Juice Milk	20 Grain Item/Protein Item Fruit/Fruit Juice Milk	NO SCHOOL 21	NO SCHOOL 22
NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27	NO SCHOOL 28	NO SCHOOL 29

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LUNCH

DECEMBER 2023

New Discoveries Montessori Academy

Menu subject to change upon availability. WG=whole grain.
Alternate menu: sub sandwich (E1-E3), chef salad (E3 only)

Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken Enchiladas/WG
Black Beans, Lettuce
Fruit
Milk
Salsa, Sour Cream

5
Mini Corn Dogs/WG
Sweet Potato Fries
Veggie/Dip
Fruit
Milk

6
Meatloaf/meat gravy
Bread/WG
Mashed Potatoes
Broccoli
Fruit
Milk

7
Pizza/WG
Lettuce
Veggie/Dip
Fruit
Milk

1
Early out bag lunch
Sandwich/WG
Veggie
Fruit
Milk
Chips

3
Chef Choice of Soup
Grilled Cheese/WG
Veggie/Dip
Fruit
Milk

11
Cheeseburger/WG b
Smiles
Veggie/Dip
Fruit
Milk

12
Taco/WG soft shell
Refried Beans
Lettuce
Chips
Fruit
Milk

13
Breakfast For lunch
Potato triangle
Veggie/Dip
Fruit
Milk

14
Chicken Alfredo/Pas
Breadstick/WG
Peas, lettuce
Fruit
Milk

15
Orange Chicken
Rice/WG
Vegetable
Eggroll
Fruit
Milk

18
BBQ Pulled Pork/WG b
Coleslaw
Baked beans
Chips
Fruit
Milk

19
Christmas Lunch
Cheesy Potatoes
Ham/Beef Roast
Dinner Roll/WG
Green beans
Fruit
Milk

20
Pizza/WG
Lettuce
Veggie/Dip
Fruit
Milk

21
NO SCHOOL

22
NO SCHOOL

25
NO SCHOOL

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

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