



BREAKFAST

NOVEMBER 2023

New Discoveries Montessori Academy

Menu subject to change upon availability. WG=whole grain
Menu Details]

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

6

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

7

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

1

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

2

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

NO SCHOOL 3

8

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

9

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

10

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

13

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

14

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

15

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

16

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

17

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

20

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

21

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

NO SCHOOL 22

NO SCHOOL 23

NO SCHOOL 24

27

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

28

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

29

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

30

Grain Item/Protein Item
Fruit/Fruit Juice
Milk

GIVE
THANKS

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Alternate menu: sub sandwich(E1-E3), chef salad (E3 only)

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

Italian Dunkers/WG **6**
Meat Sauce
Lettuce, Peas
Fruit
Milk

Taco/Soft Shell WG **7**
Chips
Refried Beans, Lettuce
Fruit
Milk

Chicken Nuggets/WG **8**
Mashed Potatoes
Corn
Bread/WG
Fruit
Milk

Cheeseburger/WG Bun **9**
Sweet Potato Fries
Veggie/Dip
Fruit
Milk

NO SCHOOL **3**

Orange Chicken **10**
Rice/WG
Eggroll
Edamame
Fruit
Milk

BBQ Pork/WG Bun **13**
Baked beans
Coleslaw
Fruit
Milk

Macaroni and Cheese **14**
Bread/WG
Carrots, Lettuce
Fruit
Milk

Choice Of Breakfast/WG **15**
Parfait
Veggie/Dip
Milk

Turkey Dinner **16**
Dinner Roll/WG
Mashed Potatoes/Stuffing
Green beans/Corn
Fruit
Milk

NO SCHOOL **17**

Chef Choice of Soup **17**
Grilled Cheese/WG
Veggie/Dip
Fruit
Milk

Chicken Wrap/WG **20**
Broccoli Salad
Oven Fries
Fruit
Milk

Pizza/WG **21**
Lettuce
Veggie/Dip
Fruit
Milk

NO SCHOOL **22**

NO SCHOOL **23**

NO SCHOOL **24**

Teriyaki Chicken **27**
Rice/WG
Egg roll
Vegetable
Fruit
Milk

Beef Taco/Soft Shell WG **28**
Chips
Lettuce, Refried Beans
Fruit
Milk

Cheesy Ravioli/Marinara **29**
Breadstick/WG
Lettuce/Corn
Fruit
Milk

Meat Gravy **30**
Bread/WG
Mashed Potatoes/Green
Beans
Fruit
Milk

GIVE
THANKS