FASD IS FETAL ALCOHOL SPECTRUM DISORDER ASD: I TIS THAN AUTISM, DOWN SYNDROME, **CEREBRAL PALSY, CYSTIC FIBROSIS,** SPINA BIFIDA, AND SUDDEN INFANT DEATH SYNDROME GOMBINED HOPE IS POSSIBLE WITH SUPPORT & TRAINING! **HELP US SUPPORT FAMILIES** & INDIVIDUALS IMPACTED BY FASD.



GIVE NOW: FAFASD.ORG

STATS FROM FASDCENTER. SAMHSA.GOV

Fetal Alcohol Spectrum Disorder



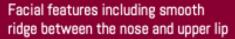
9 in 1,000 of babies are born with Fetal Alcohol in the United States and Canada

2-3% of elementary school children in the Greater Toronto Area are diagnosed with FASD

Typically diagnosed in children with:

- lower than average height and weight
- abnormal facial features
- central nervous system problems







Sleep and suckling problems in newborns



Hearing and vision problems



Kidney and bone dysfunction



Speech and language impairments



Learning disabilities and short-term memory problems



No official diagnosis, but early diagnosis (before the age of 6) can be critical in improving the quality of life

Ways to help a child with FASD: - provide a nurturing and stable home environment - utilize special education resources and social services - some medications, behavioural therapy, and parent training may help



Preventable by abstaining from alcohol while pregnant

Accommodations

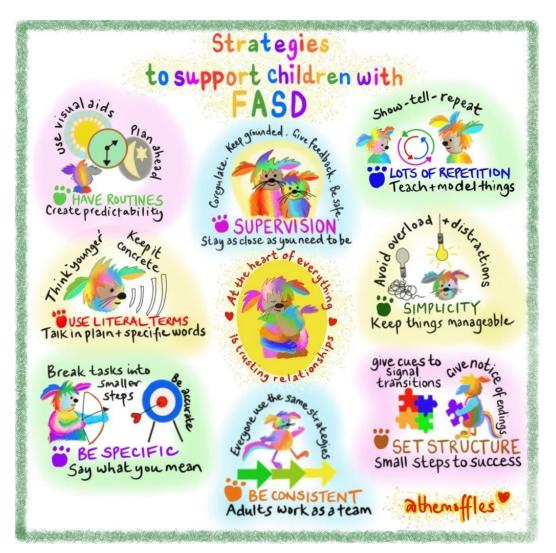
- Students with FAS may:
- need preferential seating due to hearing and vision problems
- need assistive devices or assistance in class due to poor coordination
- need extra time to do in-class and homework assignments
- need learning support, especially in reading and math
- have trouble getting along with other children
- be at risk of being bullied
- take medicines to help with attention problems and behavior
- miss class time for occupational, physical, and speech therapies
- need an individualized education program (IEP) or 504 education plan

What Teachers Can Do

Students with fetal alcohol syndrome do best in a structured environment with a consistent daily routine. You can help your students by:

- presenting information in clear, brief, and simple segments
- reducing distractions in the classroom
- using visual materials
- announcing schedule changes and transitions well in advance
- using small-group settings when possible

Finding the best strategy for students with FAS may take time. Assessing students' unique strengths, praising them for their efforts, and providing a supportive environment can go a long way toward helping kids and teens with fetal alcohol syndrome do their best in school.



Famous people with Fetal Alcohol Syndrome

- Reese Witherspoon
- Bernie Sanders
- Jim Carrey
- Daniel Radcliff

Strengths of Persons With an FASD

- Friendly
- Likeable
- Verbal
- Helpful
- Caring
- Hard worker



- Determined
 - Have points of insight
 - Good with younger children*
- Not malicious
- Every day is a new day

D. Dubovsky, Drexel University College of Medicine (1999)

