

New Discoveries Montessori Academy

Breakfast Menu DECEMBER 2022

Menu subject to change upon availability Milk white 1% or skim			1 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	2 Grain Item/Protein Item fruit Juice Fruit or vegetable Milk
5 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	6 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	7 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	8 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	9 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk
12 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	13 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	14 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	15 Grain Item/ Protein Item Fruit Juice Fruit or Vegetable Milk	16 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk
19 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	20 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	21 Grain item/Protein Item Fruit Juice Fruit or Vegetable Milk	22 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	23 NO SCHOOL
26 NO SCHOOL	27-Dec NO SCHOOL	28-Dec NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, or reprisal or retaliation for prior civil right activity .

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Lunch Menu

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			1 Rice Hotdish/bread/wg Coleslaw Seasoned Black Beans Fruit Milk	2 Lunch Bag-Sub Sandwich Carrots Fruit Milk Chips
5 Pizza/wg Broccoli Salad Vegetable/Dip Fruit Milk	6 Cheeseburger/wg bun Smiles Baked Beans Fruit Milk	7 Cheesy Ravioli/wg Green beans, Breadstick/wg Lettuce Fruit Milk	8 Hot Dog/wg Bun Sweet Potato Fries Carrots/dip Fruit Milk	9 Orange Chicken Rice/wg Cauliflower, Edamame Fruit Milk
12 Italien Dunkers/wg Meat Sauce Lettuce, Peas Fruit Milk	13 Taco/soft shell wg Chips Refried Beans, Lettuce Fresh Fruit Milk	14 French Toast Sticks, Sausages Potato Triangle Veggie/Dip Fruit Milk	15 Meat gravy, wg bread Mashed Potatoes Mixed vegetable Fruit Milk	16 Chef Choice of Soup Grilled Cheese/wg Red Pepper/Dip Fruit Milk
19 Chicken Sweet and Sour Rice/wg Carrots, Egg Roll Fruit Milk	20 Cheeseburger/wg Bun Baked Beans Coleslaw Fruit Milk	21 Baked Ham, Dinner Roll/wg Cheesy Pottaos Corn Fruit Milk	22 Pizza Veggie/Dip Lettuce Fruit Milk	23 NO SCHOOL
26 NO SCHOOL	27-Dec NO SCHOOL	28-Dec NO SCHOOL	Menu subject to change upon availability Milk white 1% or skim Chocolate skim wg=whole grain	Alternate menu for main item Sub Snadwich (E1-E3) or chef salad (E3 only)

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