

New Discoveries Montessori Academy

Breakfast Menu

FEBRUARY 2022

	1	2	3	4
	Grain Item/Protein Item Fruit Juice Fruit or vegetable Milk	Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk
7	8	9	10	11
Grain Item/Protein Item Fruit Juice Fruit or vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain item/Protein Item Fruit Juice Fruit or vegetable Milk
14	15	16	17	18
Grain Item/Protein Item Fruit Juice Fruit Or Vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	NO SCHOOL
21	22	23	24	25
NO SCHOOL	Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	Grain Item/ Protein Item Fruit Juice Fruit or Vegetable Milk	Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk
28				Menu subject to change upon availability Milk white 1% or skim

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

FEBRUARY 2022

	1	2	3	4
	Taco/wg soft shell Lettuce, Chips Refried Beans Fruit Milk	Smiles Chicken tenders, wg bread Green Beans Fruit Milk	Chicken Pasta Hotdish Lettuce, Breadstick/wg Carrots Fruit Milk	Chef Choice of Soup Grilled Cheese/wg Veggie/Dip Fruit Milk
7	8	9	10	11
Meat gravy Mashed Potatoes Carrots, wg bread Fruit Milk	Sausage pancake on a stick Hashbrown Veggie/Dip Fruit Milk	Pizza/wg Lettuce Veggie/Dip Fruit Milk	BBQ pork/wg bun Coleslaw Baked beans Fruit Milk	Teryiaki Chicken Rice/wg Oriental Vegetable Fruit Milk
14	15	16	17	18
Hamburger/wg bun Oven Fries Veggie/Dip Fruit Milk	Taco/wg soft shell Chips, Refried beans Lettuce Fresh Fruit Milk	Chicken Alfredo/pasta Lettuce Broccoli, wg Breadstick Fruit Milk	Breakfast Burrito/wg Choice of Potatoes Veggie/Dip Fruit Milk	NO SCHOOL
21	22	23	24	25
NO SCHOOL	Italian Dunkers/wg Meat Sauce Peas Fruit Milk	Pizza/wg Lettuce Veggie/Dip Fruit Milk	Chicken Sandwich/wg bun Quinoa Salad Veggie/Dip Fruit Milk	Chef Choice of soup Grilled Cheese/wg Veggie/Dip Fruit Milk
28				
NO SCHOOL			Menu subject to change upon availability wg=whole grain milk 1% white or chocolate	Alternate menu for main meal is sub sandwich (E1-E3) or che salad (E3 only), comes with fruit, veggie, milk, grain item

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