

New Discoveries Montessori Academy

Breakfast Menu

DECEMBER 2021

		1 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	2 Grain Item/Protein Item Fruit Juice Fruit or Vegetable Milk	3 NO SCHOOL
6 Grain Item/Protein Item Fruit Juice Fruit or vegetable Milk	7 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	8 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	9 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	10 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk
13 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	14 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	15 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	16 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	17 Grain item/protein item Fruit Juice Fruit or Vegetable Milk milk
20 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	21 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	22 Grain Item/ Protein Item Fruit Juice Fruit or Vegetable Milk	23 NO SCHOOL	24 NO SCHOOL
27 NO SCHOOL	28-Dec NO SCHOOL	29-Dec NO SCHOOL	30 NO SCHOOL	31 Menu subject to change upon availability Milk white 1% or skim

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

DECEMBER 2021

		1	2	3
Altermante menu for main meal is sub sandwich(E1-E3), or chef salad(E3only), comes with fruit, veggie, grain item, milk	Menu subject to change upon availability wg=whole grain Milk 1% white/chocolate	Chicken Pasta Hotdish Lettuce, Breadstick/wg Carrots Fruit Milk	French toast/wg/Sausage Hashbrown Patty Veggie/Dip Fruit Milk	NO SCHOOL
6	7	8	9	10
Chicken Sandwich/wg bun Oven Fries Veggie/Dip Fruit Milk	Corn dog/wg Mac and cheese Lettuce, Peas Fruit Milk	Pizza/wg Broccoli Salad Veggie/Dip Fruit Milk	Italien Dunkers/meat sauce Lettuce Carrots Fruit Milk	Orange Chicken Brown Rice/wg Oriental Vegetable Fruit Milk
13	14	15	16	17
Breakfast Sandwich Veggie/Dip Choice of Potatoes Fruit Milk	Taco/wg soft shell Chips, Refries beans Lettuce Fresh Fruit Milk	KFC Bowl-popcorn chicken Mashed Potatoes Corn, wg Bread Fruit Milk	Hamburger/wg bun Quinoa Salad Veggie/Dip Fruit Milk	Chef Choice of Soup Grilled Cheese/wg Veggie/Dip Fruit Milk
20	21	22	23	24
Spaghetti/wg/meat sauce Breadstick Green beans Fruit Milk	Christmas Dinner-Ham, Beef Cheesy Potatoes, Bread/wg Corn, Creamy Spinach Fruit Milk	Pizza/wg Lettuce Veggie/Dip Fruit Milk	NO SCHOOL	NO SCHOOL
27	28-Dec	29-Dec	30	31
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

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