

New Discoveries Montessori Academy

Breakfast Menu

SEPTEMBER 2021

		1 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	2 Grain Item/protein item Fruit juice Fruit or Vegetable Milk	3 NO SCHOOL
6 NO SCHOOL	7 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	8 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	9 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	10 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk
13 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	14 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	15 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	16 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	17 Grain item/protein item Fruit Juice Fruit or Vegetable Milk milk
20 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	21 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	22 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	23 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	24 NO SCHOOL
27 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	28-Jan Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	29-Jan Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	30 Grain Item/protein item Fruit Juice Fruit or Vegetable Milk	MENU SUBJECT TO CHANGE UPON AVAILABILITY

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

SEPTEMBER 2021

		1 Sloppy Joe/wg bun Potato Choice Coleslaw Fruit Milk	2 Orange Chicken Rice/wg Vegetable Fruit Milk	3 NO SCHOOL
6 NO SCHOOL	7 Pizza/wg Lettuce Veggie/Dip-humus Fruit Milk	8 Breakfast Sandwich/wg Hashbrown Patty Veggie/Dip Fruit Milk	9 Mini Corn Dogs/wg Mac and Cheese Mixed Vegetable Fruit Milk	10 Chef Choice of Soup Grilled Cheese/wg Veggie/dip Fruit Milk
13 Rice Hotdish/wg Coleslaw Carrots Fruit Milk	14 Taco/soft shell wg Spanish Rice Refried Beans Fresh Fruit Milk	15 Hamburger/wg bun Smiles Veggie/Dip Fruit Milk	16 Meat Gravy Mashed Potatoes Corn, wg bread Fruit Milk	17 Sub Sandwich/wg Garden Salad Veggie/Dip Fruit Milk
20 Spaghetti/wg Meat Sauce Green Beans Fruit Milk	21 Chicken Patty/wg Bun Sweet potato Fries Baked beans Fruit Milk	22 French Toast/wg Tri Tator, veggie/dip Sausages Fruit Milk	23 Pizza/wg Lettuce Veggie/Dip Fruit Milk	24 NO SCHOOL
27 Chicken wrap Broccoli Salad Cucumber/Dip Fruit	28-Jan Taco/soft shell wg Chips Refried Beans Fruit	29-Jan Meatballs/wg bread Mashed Potatoes Peas Fruit	30 Chicken Noodle Hotdish Fresh Veggie Corn, wg bread Fruit	MENU SUBJECT TO CHANGE UPON AVAILABILITY WG=whole grain MILK 1% WHITE OR CHOC.

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