

# New Discoveries Montessori Academy

## Breakfast Menu

JANUARY 2021

MENU SUBJECT TO CHANGE UPON AVAILABILITY				1 NO SCHOOL
4 Grain Item Hard Boiled Egg Fruit or Juice Milk	5 Grain Item Hard Boiled Egg Fruit or Juice Milk	6 Grain Item Cheese Stick Fruit or Juice Milk	7 Grain Item Yogurt Fruit or Juice Milk	8 Grain Item Cheese Stick Fruit or Juice Milk
11 Grain Item Yogurt Fruit or Juice Milk	12 Grain Item Hard Boiled Egg Fruit or Juice Milk	13 Grain Item Cheese Stick Fruit or Juice Milk	14 Grain Item Hard Boiled Egg Fruit or Juice Milk	15 Grain Item Yogurt Fruit or Juice Milk
18 Grain Item Yogurt Fruit or Juice Milk	19 Grain Item Cheese Stick Fruit or Juice Milk	20 Grain Item Hard Boiled Egg Fruit or Juice Milk	21 Grain Item Yogurt Fruit or Juice Milk	22 Grain Item Cheese Stick Fruit or Juice Milk
25 Grain Item Hard Boiled Egg Fruit or Juice Milk	26 Grain Item Yogurt Fruit or Juice Milk	27 Grain Item Cheese Stick Fruit or Juice Milk	28 Grain Item Yogurt Fruit or Juice Milk	29 Grain Item Hard Boiled Egg Fruit or Juice Milk

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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## Lunch Menu

JANUARY 2021

MENU IS SUBJECT TO CHANGE UPON AVAILABILITY WG=WHOLE GRAIN MILK 1% WHITE/CHOCOLATE				1  NO SCHOOL
4 PB&Jelly Sandwich Carrots Fruit Milk	5 Corn Dog Chips Celery Sticks Fruit Milk	6 Chicken Tenders/Fries Cucumbers Bread/wg Fruit Milk	7 Spaghetti/wg Meat Sauce Peas Fruit Milk	8 Meat Gravy/mashed pot Bread/wg Steamed Vegetable Fruit Milk
11 Meat and Cheese Sandwich Carrots Fruit Milk	12 BBQ Pork/wg Bun Coleslaw Bread/wg Fresh Fruit Milk	13 Taco Salad WG Bread Chips Fruit Milk	14 Turkey Gravy Mashed Potatoes Corn, wg bread Fruit Milk	15 Cheesy Ravioli/sauce Peas Fruit Milk
18 Meat and Cheese Sandwich Carrots Fruit Milk	19 Sandwich Baked Beans Fruit Milk	20 Hamburger Rice Casserole Mixed Vegetable Fruit Milk	21 Macaroni and Cheese Hot Dog/wg bun Peas Fruit Milk	22 Orange Cicken Brown Rice/wg Edamame Fruit Milk
25 PB&Jelly Sandwich Carrots Fruit Milk	26 Cheeseburger/wg bun Oven Fries Fruit Milk	27 Pizza/wg Cucumbers Fruit Milk	28 Mashed Potatoes Meat Gravy, Corn Bread/wg Fruit Milk	29 Baked Penne/wg Mixed Vegetable Fruit Milk

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