

New Discoveries Montessori Academy

Breakfast Menu

OCTOBER 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY			1 Grain Item Cheese Stick Fruit or Juice Milk	2 Grain Item Yogurt Fruit or Juice Milk
5 Grain Item Hard Boiled Egg Fruit or Juice Milk	6 Grain Item Hard Boiled Egg Fruit or Juice Milk	7 Grain Item Cheese Stick Fruit or Juice Milk	8 Grain Item Yogurt Fruit or Juice Milk	9 Grain Item Cheese Stick Fruit or Juice Milk
12 Grain Item Yogurt Fruit or Juice Milk	13 Grain Item Hard Boiled Egg Fruit or Juice Milk	14 NO SCHOOL	15 NO SCHOOL	16 NO SCHOOL
19 Grain Item Yogurt Fruit or Juice Milk	20 Grain Item Cheese Stick Fruit or Juice Milk	21 Grain Item Hard Boiled Egg Fruit or Juice Milk	22 Grain Item Yogurt Fruit or Juice Milk	23 Grain Item Cheese Stick Fruit or Juice Milk
26 Grain Item Cheese Stick Fruit or Juice Milk	27 Grain Item Hard Boiled Egg Fruit or Juice Milk	28 Grain Item Cheese Stick Fruit or Juice Milk	29 Grain Item Yogurt Fruit or Juice Milk	30 Grain Item Hard Boiled Egg Fruit or Juice Milk

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

October 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY WG/WHOLE GRAIN 1% MILK WHITE/CHOCOLATE	DL students-lunch bag every Monday		1 Sub Sandwich/wg Veggie/Dip Pretzel Mandarine Oranges Milk	2 Teriyaki Chicken Brown Rice/wg Edamame Fresh Fruit Milk
5 Meat Gravy Mashed Potatoes, Peas Bread/wg Fresh Fruit Milk	6 Pasta Taco Bake Corn and Bean Salad Breadstick/wg Fresh Fruit Milk	9 Pizza/wg Lettuce Veggie/Dip Diced Peaches Milk	8 Pancake Sausage on a Stick/wg Hashbrown Scrambled Eggs Fresh Fruit Milk	9 Chef Choice of Soup Grilled Cheese/wg Veggies/Dip Diced Pears Milk
12 Chicken nuggets/wg Cheesy Potatoes Broccoli Fresh Fruit Milk	13 Sloppy Joe/wg Bun Baked Beans Coleslaw Mandarine Oranges Milk	14 NO SCHOOL	15 NO SCHOOL	16 NO SCHOOL
19 Italien Dunkers Meat Sauce Green Beans Diced Peaches Milk	20 Swedish Meatballs Mashed Potatoes Bread/wg Mixed Fruit Milk	21 Hamburger/wg bun Macaroni & Cheese Peas Fresh Fruit Milk	22 Pizza/wg Veggie/Dip Lettuce Fresh Fruit Milk	23 French Toast/wg Tri Tator Sausage Applesauce Milk
26 Beef Taco in a BAG Refried Beans Chips/wg Fresh Fruit Milk	27 Hot Ham and Cheese/wg Sweet Potato Fries Veggies/Dip Diced Pears Milk	28 Chicken Tetrzzini Broccoli Salad Bread/wg Fresh Fruit Milk	29 Enchiladas/wg Lettuce Corn Fresh Fruit Milk	30 Chicken Sandwich/wg bun Veggie/Dip Potato Salad Mandarine Oranges Milk

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