

New Discoveries Montessori Academy

Lunch Menu

September 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY WG/WHOLE GRAIN 1% MILK WHITE/CHOCOLATE	1 Soft Shell Beef Taco/wg Refried Beans Corn Fresh Fruit Milk	2 Chicken Noodle Hotdish Broccoli Bread/wg Mandarine Oranges Milk	3 Corn Dog/wg Veggie/Dip Lettuce Mixed Fruit Milk	4 NO SCHOOL
7 NO SCHOOL	8 Chicken Nuggets/wg Mashed Potatoes Peas Fresh Fruit Milk	9 Pizza/wg Lettuce Veggie/Dip Diced Peaches Milk	10 Sub Sandwich/wg Veggie/Dip Chips Fresh Fruit Milk	11 Orange Chicken Brown Rice/wg Edamame Diced Pears Milk
14 Mashed Potatoes Meat Gravy Bread/wg Fresh Fruit Milk	15 Hamburger/wg Bun Oven Fries Veggie/Dip Mandarine Oranges Milk	16 Dinner Salad Popcorn Chicken/wg Dinner Roll/wg Fresh Fruit Milk	17 Spaghetti/wg Meat Sauce Green Beans Mixed Fruit Milk	18 Choice of Soup Grilled Cheese/wg Veggie/Dip Fresh Fruit Milk
21 Fish Sticks/wg Rice Pilaf Veggie/Dip Diced Peaches Milk	22 French Toast Sticks/wg Tri Tator Sausages Applesauce Milk	23 Hot Dog/wg Bun Macaroni & Cheese Peas Fresh Fruit Milk	24 Pizza/wg Veggie/Dip Lettuce Fresh Fruit Milk	25 NO SCHOOL
28 Soft Shell Chicken Taco/wg Refried Beans Chips/wg Fresh Fruit Milk	29 Baked Penne/wg Lettuce Green Beans Diced Pears Milk	30 Cheeseburger/wg Bun Smiles Veggie/Dip Fresh Fruit Milk		Distance Learning Students: Lunch Bag every Monday

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Breakfast Menu

SEPTEMBER 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY	1 Grain Item Yogurt Fruit or Juice Milk	2 Grain Item Hard Boiled Egg Fruit or Juice Milk	3 Grain Item Cheese Stick Fruit or Juice Milk	4 NO SCHOOL
7 NO SCHOOL	8 Grain Item Hard Boiled Egg Fruit or Juice Milk	9 Grain Item Cheese Stick Fruit or Juice Milk	10 Grain Item Yogurt Fruit or Juice Milk	11 Grain Item Cheese Stick Fruit or Juice Milk
14 Grain Item Yogurt Fruit or Juice Milk	15 Grain Item Hard Boiled Egg Fruit or Juice Milk	16 Grain Item Yogurt Fruit or Juice Milk	17 Grain Item Cheese Stick Fruit or Juice Milk	18 Grain Item Hard Boiled Egg Fruit or Juice Milk
21 Grain Item Yogurt Fruit or Juice Milk	22 Grain Item Cheese Stick Fruit or Juice Milk	23 Grain Item Hard Boiled Egg Fruit or Juice Milk	24 Grain Item Yogurt Fruit or Juice Milk	25 Grain Item Cheese Stick Fruit or Juice Milk
28 Grain Item Cheese Stick Fruit or Juice Milk	29 Grain Item Hard Boiled Egg Fruit or Juice Milk	30 Grain Item Cheese Stick Fruit or Juice Milk		

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