	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	Wake up and get dress for learning				
8:30	Morning walk/light exercise (ie stretching or movement)				
9:00	Morning meeting (recorded/live video)				
	Work Period: Language 30 minutes Sight words 15 minutes Handwriting 15 minutes (K) Name Trace 5 minutes (PK) Math 30 minutes Read a book 10-15 Minutes				
9:30-11:00	Approximately 20 minutes for free work (they choose work) Read aloud (recorded/live video)				
11:00					
11:25-11:45	Wash up for lunch and have lunch (video chat with friends?)				
11:50	Calendar (recorded/live video) Complete calendar journal				
12:10	Journal	Music	Journal	Music	Creative time: legos, drawing, crafting, etc.
12:50-1:10	Recess Get outdoors and run around! Grab a snack and a drink				
1:15-1:45	Quiet time: reading, puzzles, nap				
1:45- 2:15	Science/Social studies				
2.15-3.15	Afternoon work period (no electronics): Physical Education: M and F (for 30 Min) Finish work from morning Outdoor Classroom 30-45 minutes (at least once a week) Practical life (complete house chores) Sensorial (Taste something new, try to guess the sound/texture with eyes closed)				
3:15-4:00	Creative time				
4:00-5:00	Afternoon Fresh Air (free time)				
5:00-6:00	Dinner				
6-8:00	Free time/get ready for bed				
8:00	Bedtime for all children				
9:00	Betime for kids who followed directions and didn't fight				