

# New Discoveries Montessori Academy

## Breakfast Menu

FEBRUARY 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY				
3 Grain Item Yogurt Fruit Cup Fruit Juice	4 Cheese Omelet Blueberry Muffin Fruit Fruit Juice	5 Breakfast Pizza Cottage Cheese Fruit Fruit Juice	6 Waffles Hard Boiled Egg Fruit Fruit Juice	7 Grain Item Cheese Stick Fruit Cup Fruit Juice
10 Grain Item Yogurt Fruit Cup Fruit Juice	11 Hot Oatmeal with Raisens Cheese Stick Fruit Fruit Juice	12 Egg Bake Grain Item Fruit Fruit Juice	13 Cini Mini Yogurt Fruit Fruit Juice	14 NO SCHOOL
17  NO SCHOOL	18 Sausage Pancake on a Stick Hard Boiled Egg Fruit Fruit Juice	19 Breakfast Pizza Cottage Cheese Fruit Fruit juice	20 French Toast Yogurt Fruit Fruit Juice	21 Grain Item Cheese Stick Fruit Fruit Juice
24 Grain Item Yogurt Fruit Fruit Juice	25 Breakfast Sandwich Parfait Fruit Fruit Juice	26 Applestrudel Hard Boiled egg Fruit Fruit Juice	27 Eggs with Cheese Cinnamon Roll Fruit Fruit Juice	28 Grain Item Cheese Stick Fruit Fruit Juice

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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## Lunch Menu

FEBRUARY 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY	wg=whole grain			
3 Soft Shell Taco/Chips Refried Beans Corn Fresh Fruit	4 Mini Corn Dogs Mac and Cheese Carrots Pears	5 French Toast Sticks Sausages Tri Tator Applesauce	6 Pizza/wg Lettuce Veggie/Dip Fresh Fruit	7 Choice of Soup Grilled Cheese/wg bread Veggie/Dip Mixed Fruit
10 Meat Gravy Mashed Potatoes Green Beans Fresh Fruit	11 Spaghetti Meat Sauce Peas Peaches	12 Cheeseburger Smiles Carrots Fresh Fruit	13 Burrito Bowl Lettuce Veggie/Dip Mandarine Oranges	14  NO SCHOOL HAPPY VALENTINES DAY!
17  NO SCHOOL	18 Meatballs/Gravy Mashed Potatoes Carrots Fresh Fruit	19 Chicken Noodle Hotdish Broccoli Salad Lettuce Peaches	20 Sub Sandwich Sweet Potato Fries Veggie/Dip Pears	21 Fish Sticks/wg Rice Pilaf Peas Mixed fruit
24 Cheesy Ravioli/wg Meat Sauce Corn Fresh Fruit	25 Cheeseburger Cheesy Potatoes Carrots Mixed Fruit	26 Vegetable Pizza Lettuce Veggie/Dip Fresh Fruit	27 Chicken Sandwich/wg bun Quinoa Salad Green Beans Mandarine Oranges	28 Fish Sandwich/wg bun Chips Peas Peaches

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