

# New Discoveries Montessori Academy

## Breakfast Menu

JANUARY 2020

MENU SUBJECT TO CHANGE UPON AVAILABILITY		1 NO SCHOOL	2 Sausage Pancake on a Stick Yogurt Fruit Fruit Juice	3 Grain Item Cheese Stick Fruit Cup Fruit Juice
6 Grain Item Yogurt Fruit Cup Fruit Juice	7 Waffles Hard Boiled Egg Fruit Fruit Juice	8 Eggs with Cheese Muffin Fruit Fruit Juice	9 Breakfast Pizza Cottage Cheese Fruit Fruit Juice	10 Grain Item Cheese Stick Fruit Cup Fruit Juice
13 Grain Item Cheese Stick Fruit Cup Fruit Juice	14 Sausage Gravy/Biscuit Hard Boile Egg Fruit Fruit Juice	15 Breakfast Sandwich Yogurt Fruit Fruit Juice	16 Bday Cake Cheese Stick Fruit Fruit Juice	17 NO SCHOOL
20 NO SCHOOL	21 Cini Mini Cottage Cheese Fruit Fruit Juice	22 Breakfast Pizza Yogurt Fruit Fruit juice	23 Egg Bake Cheese Stick Fruit Fruit Juice	24 Grain Item Yogurt Fruit Fruit Juice
27 Grain Item Cheese Stick Fruit Fruit Juice	28 Sausage Pancake on a stick Hard Boiled Egg Fruit Fruit Juice	29 Applestrudel Cottage Cheese Fruit Fruit Juice	30 Eggs with Cheese Cinnamon Roll Fruit Fruit Juice	31 Grain Item Cheese Stick Fruit Fruit Juice

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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## Lunch Menu

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MENU SUBJECT TO CHANGE UPON AVAILABILITY	wg=whole grain	1 NO SCHOOL	2 Pizza/wg crust Lettuce Carrots Fresh Fruit	3 Chicken Pot Pie Biscuit/wg Coleslaw Peaches
6 Spaghetti Meat Sauce Green Beans Mandarine Oranges	7 ChickenTaco/Chips Corn Veggie/Dip Pears	8 Cheeseburger/wg bun Oven Fries Vegetable Blend Fresh Fruit	9 Meat Gravy Mashed Potatoes Carrots Fresh Fruit	10 Choice of Soup Grilled Cheese/wg bread Veggie/Dip Mixed Fruit
13 Italien Dunkers/wg bun Meat Sauce Green Beans Fresh Fruit	14 French Toast/wg Tri Tator Sausages Applesauce	15 Hot Dog/wg bun Mac and Cheese Veggies/Dip Fresh Fruit	16 Chicken Enchiladas Lettuce Corn Mixed fruit	17 NO SCHOOL
20 NO SCHOOL	21 Cheeseburger/wg bun Sweet Potato Fries Green Beans Fresh Fruit	22 Tator Tot Hotdish Corn Veggie/Dip Fresh Fruit	23 Pizza/wg crust Lettuce Veggie/Dip Mandarine Oranges	24 Fish Sticks/wg Rice Pilaf Peas Mixed fruit
27 Mr. Rib/wg bun Cheesy Potato Soup Veggie/Dip Peaches	28 Baked Penne Peas Lettuce Fresh Fruit	29 Teriyaki Chicken Bowl Brown Rice Egg Roll Pears	30 Chicken Nuggets/wg Mashed Potatoes Carrots Fresh Fruit	31 Hot Ham and Cheese/wg bun Chips Green beans Mixed Fruit

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