

New Discoveries Montessori Academy

Breakfast Menu

SEPTEMBER 2019

MENU SUBJECT TO CHANGE UPON AVAILABILITY	3	4	5	6
9 Graham Stick Yogurt Fruit Cup Fruit Juice	10 Waffle Bites Boiled Egg Fruit Fruit Juice	11 Breakfast Pizza Cheese Stick Fruit Fruit Juice	12 Cinni-mini Cottage cheese Fruit Fruit Juice	13 Donut Cheese Stick Fruit Cup Fruit Juice
16 Gold Fish Yogurt Fruit Cup Fruit Juice	17 Breakfast Egg Bake Cottage Cheese Fruit Fruit Juice	18 Apple Strudel Cheese Stick Fruit Fruit Juice	19 Birthday Cake Cottage Cheese Fruit Fruit Juice	20 Cereal Cheese Stick Fruit Fruit Juice
23 Cereal Bar Cheese Stick Fruit Cup Fruit Juice	24 Biscuit & Sausage Gravy Boiled Egg Fruit Fruit Juice	25 French Toast Sticks Yogurt Apple Sauce Fruit Juice	26 Breakfast Pizza Cottage Cheese Fruit Fruit Juice	27 NO SCHOOL
30 Muffin Yogurt Fruit Cup Fruit Juice				

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

SEPTEMBER 2019

MENU SUBJECT TO CHANGE UPON AVAILABILITY	3 Cheese Pizza Lettuce Veggies/Dip Mandarin Oranges	4 Cheeseburger/Bun Smiles California Blend Veg Diced Pears	5 Mini-Corn Dogs Macaronio & Cheese Peas Diced Peaches	6 Sub Sandwich Baked Chip Veggies/Dip Fresh Fruit
9 Meat Gravy Mashed Potatoes Green Beans Mandarin Oranges	10 Soft Shell Taco/Chips Corn Veggies/Dip Fresh Fruit	11 French Toast Sticks Sausages Tri-tator Apple Sauce	12 Chicken Patty/Bun Oven Fries Carrots Mixed Fruit	13 Spaghetti/Meat Sauce Lettuce Salad Veggies/Dip Fresh Fruit
16 Orange Chicken Seasoned Rice Stir Fry Veg Mandarin Oranges	17 Mr. Rib/Bun Smiles Carrots Diced Pears	18 Meat Loaf Mashed Potatoes California Blend Veg Mixed Fruit	19 Chicken Noodle Hotdish Peas Veggies/Dip Diced Peaches	20 Cheese Pizza LETTUCE Veggies/Dip Fresh Fruit
23 Sub Sandwich Oven Fries Veggies/Dip Diced Pears	24 Chicken Fajhita/SoftShell Spanish Rice Fresh Peppers Fresh Fruit	25 Cheese Raviolli/Meat Sauce Lettuce Green Beans Apple Sauce	26 Hot Dog/Bun Cheesy Hashbrown Peas Mixed Fruit	27 NO SCHOOL
30 Pulled Pork Sandwich Sweet Potato Fries Baked Beans Fresh Fruit				

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