

New Discoveries Montessori Academy

Breakfast Menu

OCTOBER 2019

MENU SUBJECT TO CHANGE UPON AVAILABILITY	1 Cini-mini Cottage Cheese Fruit Fruit Juice	2 Breakfast Egg Bake Cheese Stick Fruit Fruit Juice	3 Sausage Pancake on a stick Boiled Egg Fruit Fruit Juice	4 Graham Stick Cheese Stick Fruit Cup Fruit Juice
7 Donut Cheese Stick Fruit Cup Fruit Juice	8 Breakfast Sandwich Yogurt Fruit Fruit Juice	9 Waffle Bites Boiled Egg Fruit Fruit Juice	10 Breakfast Pizza Cottage cheese Fruit Fruit Juice	11 Cereal Cheese Stick Fruit Cup Fruit Juice
14 Gold Fish Cheese Stick Fruit Cup Fruit Juice	15 Birthday Cake Parfait Fruit Fruit Juice	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL
21 Cereal Bar Cheese Stick Fruit Cup Fruit Juice	22 Scrambled eggs with Cheese Muffin Fruit Fruit Juice	23 Apple stick Cottage Cheese Fruit Fruit Juice	24 Cheese Omelet Yogurt Fruit Fruit Juice	25 Bagel Cheese Stick Fruit Cup Fruit Juice
28 Breakfast Bar Cheese Stick Fruit Cup Fruit Juice	29 Breakfast Pizza Yogurt Fruit Fruit Juice	30 French Toast Sticks Cottage Cheese Fruit Fruit juice	31 Eggs with sausage Cinnamon Roll Fruit Fruit Juice	

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

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MENU SUBJECT TO CHANGE UPON AVAILABILITY	1 Swedish Meatballs Pasta Corn Diced Peaches	2 Pizza Lettuce Veggies/Dip Fresh Fruit	3 Tator Tots Hotdish Peas Corn Fresh Fruit	4 Fish Sandwich Baked Chips Veggies/Dip Mixed Fruit
7 Soft Shell Taco/Chips Corn Veggies/Dip Fresh Fruit	8 Chicken Nuggets Mashed Potatoes Carrots Diced Pears	9 Spaghetti Meat Sauce Green Beans Mixed Fruit	10 French Toast Sticks Tri tator Sausages Fresh Fruit	11 Tomato Soup Grilled Cheese Veggies/Dip Diced Peaches
14 Sub Sandwich Oven Fries Veggies/Dip Mandarine Oranges	15 Pizza Hotdish Peas Lettuce Fresh Fruit	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL
21 Meat Gravy Mashed Potatoes Corn Mixed fruit	22 Chicken Wild Rice Soup Croissant Sandwich Veggies/Dip Applesauce	23 Cheese Rmini Corn Dogsavioll Macaroni and Cheese Peas Fresh Fruit	24 Enchiladas/Chips Lettuce Veggies/Dip Diced Pears	25 Mr. Rib Tator Tots Green Beans Fresh Fruit
28 Chicken Stir Fry Brown Rice Egg Roll Mandarine Oranges	29 Cheeseburger Smiles Carrots Fresh Fruit	30 Italien Dunkers Meat Sauce Cauliflower Mixed fruit	31 Pizza Quesadilla Lettuce Veggies/Dip Fresh Fruit	

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