

# New Discoveries Montessori Academy

## Breakfast Menu

JANUARY 2019

	1 NO SCHOOL  HAPPY NEW YEAR	2 Grain Item Cheese Stick Fruit Cup Fruit Juice	3 Grain Item Cheese Stick Fruit Cup Fruit Juice	4 Grain Item Yogurt Fruit Cup Fruit Juice
7 Grain Item Yogurt Fruit Cup Fruit Juice	8 Breakfast Pizza Cheese Stick Fruit Fruit Juice	9 Waffle Bites Hard Boiled Egg Fruit Fruit Juice	10 Warm cinni-mini rolls Cheese Stick Fruit Fruit Juice	11 Grain Item Yogurt Fruit Fruit Juice
14 Grain Item Cheese stick Fruit Cup Fruit Juice	15 Breakfast Birthday Cake Yogurt Fruit Fruit Juice	16 Breakfast Egg Bake Cottage Cheese Fruit Fruit Juice	17 Apple Frudel Stick Cheese Stick Fruit Fruit Juice	18  NO SCHOOL
21  NO SCHOOL  Juice	22 Breakfast Taco Yogurt Fruit Fruit Juice	23 Breakfast Pizza Cheese Stick Fruit Fruit Juice	24 Waffle Bites Cottage Cheese Fruit Fruit Juice	25 Grain Item Cheese Stick Fruit Cup Fruit Juice
28 Grain Item Cheese Stick Fruit Cup Fruit Juice	29 Warm cinni-mini rolls Yogurt Fruit Fruit Juice	30 Pancake Sausages Fruit Fruit Juice	31 Breakfast Pizza Cheese Stick Fresh Fruit Fruit Juice	MENU SUBJECT TO CHANGE UPON AVAILABILITY

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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## Lunch Menu

JANUARY 2019

	1 NO SCHOOL  HAPPY NEW YEAR	2 Pizza Lettuce Salad Veggies/Dip Mandarin Oranges	3 Cheeseburger/Bun Smile Fries Green Beans Diced Peaches	4 Hot Ham & Cheese/Bun Oven Fries Baked Beans Fresh Fruit
7 French Toast Sticks Sausages Tri-tator Applesauce	8 Softshell Taco/Chips Corn Veggies/Dip Fresh Fruit	9 Spaghetti/Meat Sauce Lettuce Salad Veggies/Dip Mixed Fruit	10 Mini-corn Dogs Macaroni & Cheese Carrots Diced Pears	11 Sloppy Jo/Bun Smiles Baked Beans Apple Sauce
14 Italian Dunkers Cheesy Bread Veggies/Dip Diced Peaches	15 Pizza Smiles Veggies/Dip Fresh Fruit	16 Chicken Nuggets Mashed Potatoes Green Beans Mixed Fruit	17 Mr. Rib/Bun Oven Fries Peas Diced Pears	18  NO SCHOOL
21  NO SCHOOL	22 Pulled Pork/Bun Sweet Potato Tots Baked Beans Mandarin Oranges	23 Tator-tot Hotdish Corn Lettuce Salad Fresh Fruit	24 Hot Dog/Bun Scalloped Potatoes Veggies/Dip Diced Peaches	25 Chicken Noodle, Tomato Soup or Chili Grilled Cheese Sandwich Veggies/Dip Fresh Fruit
28 Pizza Smiles Veggies/Dip Mandarin Oranges	29 French Toast Sticks Egg, cheese omelet/Ham Tri-tator Apple Sauce	30 Meat Loaf Mashed Potatoes Green Beans Mixed Fruit	31 Softshell Taco/Chips Corn Veggies/Dip Fresh Fruit	   MENU SUBJECT TO CHANGE UPON AVAILABILITY

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