New Discoveries Montessori Academy Breakfast Menu FEBRUARY 2019

				1
				Grain Item
				Yogurt
				Fruit Cup
				Fruit Juice
4	5	6	7	8
Grain Item	Breakfast Pizza	Pancake	Warm cinni-mini rolls	Grain Item
Yogurt	Cheese Stick	Sausage	Cheese Stick	Yogurt
Fruit Cup	Fruit	Fruit	Fruit	Fruit
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
11	12	13	14	15
Grain Item	Waffle Bites	Breakfast Egg Bake	Apple Frudel Stick	
Cheese stick	Yogurt	Cottage Cheese	Cheese Stick	
Fruit Cup	Fruit	Fruit	Fruit	NO SCHOOL
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
18	19	20	21	22
	Breakfast Taco	Breakfast Pizza	Birthday Cake	Grain Item
	Yogurt	Cheese Stick	Cottage Cheese	Cheese Stick
NO SCHOOL	Fruit	Fruit	Fruit	Fruit Cup
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
25	26	27	28	
Grain Item	Warm cinni-mini rolls	Waffle Bites	Apple Frudel Stick	MENU SUBJECT
Cheese Stick	Yogurt	Sausages	Boiled Egg	TO CHANGE
Fruit Cup	Fruit	Fruit	Fresh Fruit	UPON AVAILABILITY
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	

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New Discoveries Montessori Academy Lunch Menu

FEBRUARY 2019

				1
				Cheese Pizza
	NO SCHOOL			Lettuce Salad
				Veggies/Dip
	HAPPY NEW YEAR			Fresh Fruit
4	5	6	7	8
French Toast Sticks	Softshell Taco/Chips	Spaghetti/Meat Sauce	Cheeseburger/Bun	Tomato, Chicken Noodle,
Sausages	Corn	Lettuce Salad	Smiles	and Chili
Tri-tator	Veggies/Dip	Veggies/Dip	Carrots	Grilled Cheese Sandwich
Applesauce	Fresh Fruit	Mixed Fruit	Diced Pears	Veggies/Dip
				Fresh Fruit
11	12	13	14	15
Italian Dunkers	Pizza	Meat Balls	Cheese Ravioli with	
Cheesy Bread	Smiles	Mashed Potatoes	Chicken Alfredo Sauce	NO SCHOOL
Veggies/Dip	Veggies/Dip	Green Beans	Peas	
Lettuce Salad	Fresh Fruit	Mixed Fruit	Lettuce Salad	^
Diced Peaches			Mandarin Oranges	
18	19	20	21	22
	Pulled Pork/Bun	Chicken Nuggets	Hot Dog/Bun	Orange Chicken
NO SCHOOL	Tator tots	Mashed Potatoes	Macaroni & Cheese	Seasoned Rice
	Baked Beans	Carrots	Veggies/Dip	Stir Fry Vegetables
	Fresh Fruit	Mixed Fruit	Diced Peaches	Mandarin Oranges
25	26	27	28	
Meat Gravy	Hot Ham & Cheese/Bun	Tator-tot Hotdish	Softshell Taco/Chips	
Mashed Potatoes	Oven Fries	Peas	Corn	MENU SUBJECT
Green Beans	California Veg Medley	Lettuce Salad	Veggies/Dip	TO CHANGE UPON
Mandarin Oranges	Diced Pears	Apple Sauce	Fresh Fruit	AVAILABILITY

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