

New Discoveries Montessori Academy

Breakfast Menu

OCTOBER 2014

MENU SUBJECT TO CHANGE UPON AVAILABILITY	MILK SERVED DAILY	1 2 HOUR LATE START NO BREAKFAST	2 Bagel Cheese Stick Fruit Cup	3 Muffin Yogurt Fresh Fruit
6 Breakfast Round Yogurt Fruit Cup	7 Yogurt Chex Bar Cheese Stick Fruit Juice	8 Donut Cheese Stick Fruit Juice	9 Trix Cereal Bar Yogurt Fruit Cup	10 Cinnamon Roll Yogurt Fresh Fruit
13 Cereal Yogurt Fruit Cup	14 Bagel Cheese Stick Fruit Juice	15 NO SCHOOL	16 NO SCHOOL	17 NO SCHOOL
20 Teddy Grahams Cheese Stick Fruit Juice	21 Banana Chocolate Loaf Yogurt Fresh Fruit	22 Cereal on the Go Yogurt Fruit Cup	23 Cinnamon Toast Bar Cheese Stick Fruit Juice	24 Muffin Yogurt Fruit Cup
27 Cinnamon Roll Cheese Stick Fruit Cup	28 Honey Graham Sticks Yogurt Fruit Juice	29 Cereal Yogurt Fruit Juice	30 Breakfast Round Cheese Stick Fruit Cup	31 Donut Cheese Stick Fresh Fruit

In accordance with the federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

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Lunch Menu

October 2014

MILK & BREAD SERVED DAILY	LACTOSE REDUCED MILK AVAILABLE UPON REQUEST	1 Chicken Patty/Bun Oven Fries Green Beans Diced Peaches	2 Tator-Tot Casserole Corn Lettuce Salad Applesauce	3 Turkey & Cheese Sub Baked Chips Veggies & Dip Fresh Fruit
6 Chicken Patty/Bun Oven Fries Peas Diced Pears	7 Goulash Corn Lettuce Salad Tomatoes Applesauce	8 Meat Balls Mashed Potatoes Green Beans Diced Peaches	9 Cheeseburger/Bun Spudsters Baked Beans Pineapple/Orange	10 Pizza Lettuce Salad Veggies & Dip Fresh Fruit
13 Mini Corn Dogs Tri-Tators Peas Mixed Fruit	14 Softshell Taco/Chips Corn Veggies & Dip Fresh Fruit	15 NO SCHOOL	16 NO SCHOOL	17 NO SCHOOL
20 Italian Dunkers Cheesy Bread Peas Diced Peaches	21 Pizza Lettuce Salad Veggies & Dip Fresh Fruit	22 Chicken Nuggets Mashed Potatoes Corn Diced Pears	23 Pancakes Sausages Tri-Tators Tomatoes Applesauce	24 Hot Dog/ Bun Spudsters Calico Beans Mixed Fruit
27 Hamburger/Bun Oven Fries Carrots Mixed Fruit	28 Chicken Noodle Hotdish Peas Lettuce Salad Mandarin Oranges	29 Meat Gravy Mashed Potatoes Corn Diced Peaches	30 Hot Ham & Cheese/Bun Smile Fries Baked Beans Diced Pears	31 Chicken Noodle Hotdish or Tomato Soup Grilled Cheese Veggies & Dip Fresh Fruit

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